

All Ages 'C' Meet

The All Ages 'C' meet will be held at the Alga Norte Aquatics Complex at 6565 Alicante Road, Carlsbad, CA 92009. As a reminder, there is a \$2.00 City imposed spectator fee for anyone who is not an official, coach or swimmer in the meet.

We will have three 25 minute warm up sessions each day. Warm ups are as follows:

Saturday

7:30 a.m.-7:55 a.m. NCA, ICAC, Oceanside, SDAC

7:55-8:20 a.m. RSD, NSDY, RAQ, FAST

8:20-8:45 a.m. all others

Sunday

7:30 a.m.-7:55 a.m. NCA, RAQ, NSDY

7:55 a.m.-8:20 a.m. RSD, PS, ICAC

8:20 a.m.-8:45 a.m. all others

Timing Assignments are as follows:

Saturday

Lane 1-PS (two chairs)

Lane 2-Ramona/CAST

Lane 3-RAQ/Oceanside

Lane 4-ICAC/SBA

Lane 5-NSDY/NCA

Lane 6-NCA (two chairs)

Lane 7-RSD (two chairs)

Lane 8-RSD (two chairs)

Sunday

Lane 1-PS (two chairs)

Lane 2-Ramona/HSA

Lane 3-RAQ/Oceanside

Lane 4-ICAC/SSD

Lane 5-NSDY/NCA

Lane 6-NCA

Lane 7-RSD

Lane 8-RSD